

TARC News

Volume 1 ISSUE 5 November

Publisher, Tom Fuller

Editor Tom Fuller



Remote Radio Test

Greeting from Nashville Tennessee.

As many of you know Sally and I took a trip up north to Illinois to see family. Our midway stop is in Nashville Tennessee and this is where I did the Wednesday night Mosquito Net.

Again testing the remote radio set up to find the bugs before we commit to a full scale operation. The test went well but as expected a few things did come up. The first comment I got was that I had a good signal, but my modulation was "muffled" I believe I have tracked that down to a poor head-

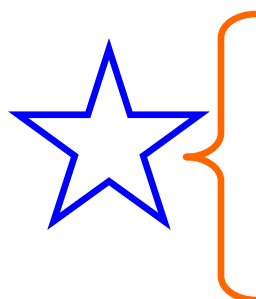


set microphone. The next issue was when I tried to use the radio a couple of days later and I couldn't connect to it. When we got home I found that Windows had done an update and disconnected the radio from the computer. I could see the server

was still working but no radio. Over all not all bad for this test.

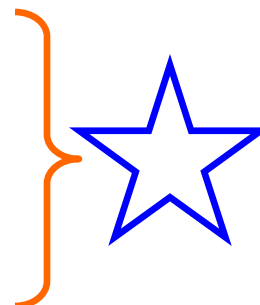
I want to thank everyone that checked in as some did so just to see how the test went.

73s all
Tom KN4GLO



Election of Officers November Meeting

Still time to nominate your favorite candidates
President, Vice President, Secretary, Treasurer
All up For grabs.



Annual Potluck Dinner



October Meeting Potluck dinner was a great success thanks to all that showed up and provided food for this event.

Many friends that we haven't seen in awhile were there and we all had a good time.

Turkey, Ham, Potatoes, Dressing, and deserts all to many to list.



Easy Spinach Souffle/Casserole Recipe

This Recipe is so very flexible – for example you can add chopped Ham, Cheese, Red Bell Pepper, Mushrooms, or Artichoke Hearts.

For Each 10 oz. package of Frozen Chopped Spinach, use the following ingredients:

- 1 Tablespoon Sweet Cream Butter (Unsalted Butter)
- 1 Tablespoon finely diced Sweet Yellow Onion (I use Vidalia)
- 1 Tablespoon All-Purpose Flour
- 2 Eggs
- ¼ Cup Milk (you can use Fat Free, Whole, or Half & Half Cream)
- Dash Ground White Pepper
- Dash Salt

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HAM RADIO LOCAL AREA NETS

If you know of a Ham Radio Local Area Net that is not listed here, a typo on the information, or a Net listed which is no longer active, please contact Barry – N4NMF at: N4NMF@outlook.com, so this list can be updated. All Frequencies are in MHz and 6 Meters (50.0 MHz and up.), are FM * Mode unless otherwise noted. Thanks!

Sunday: Florida AM Carrier Net, 7:00 AM, Various Net Controls, 3.885.0 MHz AM

Monday: Florida 2 Meter SSB Net, 7:00 PM, Roger – WA4JWU, 144.210 * USB (Horiz. Polarized.)

Tuesday: Titusville ARC Skywarn Group Net, 7:00 PM, Barry – N4NMF, [K4KSC Rptr, 146.970 – PL 107.2](#) (Except 4rd Tue!)

Wednesday: Titusville ARC Mosquito Net, 7:00 PM, Tom – KN4GLO, 28.333.0 USB (Vert.

Polarized.)

Indian River ARC ARES 220 Net – 7:15 PM, Steve – N4UTQ, AJ4IR Rptr, 224.120 – PL 123.0

Thursday: Titusville ARC Friendship & Traders Net, 7:00 PM, Daniel – KM4WZX, K4KSC Rptr, 146.970 – PL 107.2

Friday:

Saturday: Monthly Brevard County ARES Simplex Net – Last Saturday of month, 9:00 AM, Steve – N4UTQ, 147.420, Monitoring W2SDB Rptr 145.370 – PL 156.7 for Assistance with Simplex contact.

Barry Kennedy N4NMF

New Repeater! The 145.390 - PL 67.0 Repeater has been relocated and is now on the air from the WATD

Transmitter Site "We're At The Dump" in Marshfield! Give it a try.

*** Please Note:** The below MEMA / RACES Monthly Tests are conducted on the first Monday of the Month unless it is a Holiday, which will then be conducted on the 2nd Monday of the Month. If there is no one on the Net representing your City or Town, the Net Control would Appreciate your participation and you can tell them that you are operating from your Home Station if not at an EOC. This could be a real help in an actual Emergency!

Frequency and Sector:

Area Served:

147.000-Dartmouth PL: 67.0 Hz: Sector 2A, 7:30 PM

Acushnet, Attleboro, Berkley, Dartmouth, Dighton, Fairhaven, Fall River, Freetown, Mansfield, Marion, Mattapoisett, New Bedford, North Attleboro, Norton, Plainville, Raynham, Rehoboth, Rochester, Seekonk, Somerset, Swansea, Taunton, Wareham, Westport.

145.390-Norwell PL: 67.0 Hz: Sector 2B, 8:00 PM **(Moved to WATD Tower in Marshfield 05-14, Great Coverage!)**

Abington, Bridgewater, Brockton, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleboro, Norwell, Pembroke, Plymouth, Plympton, Rockland, Scituate, West Bridgewater, Whitman

146.955- Dennis PL: 88.5: Sector: 2C, 8:00 PM

Barnstable, Barnstable County, Bourne, Brewster, Chatham, Chilmark, Dennis, Dukes County, Eastham, Edgartown, Falmouth, Gay Head, Gosnold, Harwich, Mashpee, Nantucket, Oaks Bluff, Orleans, Provincetown, Sandwich, Tisbury, Truro, Wellfleet, West Tisbury, Yarmouth

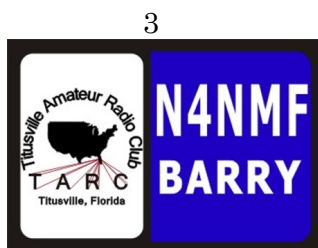
146.865-Sharon PL: 146.2: Sector: 2D, 7:30 PM

Avon, Bellingham, Braintree, Canton, Cohasset, Dedham, Dover, Franklin, Foxboro, Hingham, Holbrook, Hull, Medfield, Medway, Millis, Milton, Needham, Norton, Norfolk, Norwood, Quincy, Randolph, Sharon, Stoughton, Walpole, Westwood, Wellesley, Wrentham, Weymouth

Barry Kennedy N4NMF

Name Tags

Barry Kennedy
N4NMF is taking
orders for name
tags. These are
very nice and come
in several different
designs.
Contact Barry at
n4nmf@outlook.com



Treasure Coast Ham Fest

Saturday, December 4, 2021

7:30 - 4:30

Www.treasurecoasthamfest.com
Indian River County Fairgrounds
7955 58th Ave
Vero Beach, FL 32967

TARC Xmas Dinner

December 16, 2021
Dixie Crossroads
1475 Garden st
6 PM

Notes from the Editor

Potluck was a success as we gather with friends around great food.
Don't forget Novembers meeting is the election of officers. All positions are up for anyone that wants to help guide the group for the next year.
Don't be shy, your input is valuable and everyone's opinion matters.

NOVEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Sky Warn Net 7pm 146.97	3 Mosquito Net 7pm 28.333	4 Friendship Traders Net 7pm 146.97 Eating Meeting	5	6
7	8	9 Sky Warn Net 7pm 146.97	10 Mosquito Net 7pm 28.333	11 Friendship Traders Net 7pm 146.97 Eating Meeting 5pm	12	13
14	15	16 Sky Warn Net 7pm 146.97	17 Mosquito Net 7pm 28.333	18 Friendship Traders Net 7pm 146.97 Eating Meeting 5pm	19	20
21	22	23 Club Meeting 7PM Election of Officers	24 Mosquito Net 7pm 28.333	25 Friendship Traders Net 7pm 146.97 Eating Meeting 5pm	26	27
28	29	30 Sky Warn Net 7pm 146.97				

Easy Spinach Souffle/Casserole Recipe

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Optional Topping:

2 Tablespoons Plain Panko Bread Crumbs
1 Teaspoon Sweet Cream Butter
1 Tablespoon Grated Parmesan Cheese
1 Tablespoon Grated Cheddar or Fontina or other melting cheese

Preheat Oven to 350° Fahrenheit

Prepare/Coat Baking Dish with either Butter or Pam. The size of the baking dish will vary depending on the quantity you make.

Defrost Spinach and Drain excess liquid – it does not have to be completely dry. You should have about 1 Cup of Cooked Chopped Spinach with a bit of moisture remaining for each 10 oz. package.

While Spinach is draining, make a thick Roux:

On medium heat saute Onions in Butter until almost light golden-brown, then add Flour, stir for a minute or two until flour is fully incorporated and cooked, then remove from heat and whisk in Milk. Once milk is fully incorporated – no lumps – place pan back onto heat and cook – constantly stirring or whisking until you have a thick roux or paste. Remove from heat and let cool a bit.

Beat Eggs in a mixing bowl large enough to hold all ingredients, add drained Spinach, White Pepper, Salt, and then add the thick Roux/paste – beating until fully incorporated – no lumps. Spoon mixture into a prepared Baking Dish. (At this point the mixture can be covered and refrigerated or frozen for later cooking.)

Bake in preheated oven until eggs are cooked. About 25 minutes for a single 10 oz. Package of Chopped Spinach and smaller dish, or about 45 minutes – 1 hour for 5 packages and larger dish – what I brought to TARC Pot Luck Dinner.

Note: If you decided to make ahead and refrigerate or freeze, allow dish to come to room temperature before baking, or allow a bit more baking time.

Optional Topping:

Mix softened Butter into Bread Crumbs, add the shredded Cheese, then sprinkle on top of Souffle about 10 minutes before end of cooking time. Place back into oven and cook until topping is lightly browned and cheese is melted. The center should be fully cooked but not dried out. Enjoy!

73 K4MVO